



# *Comfort PLUS Products*

## *The Art of Relaxation*



# *Adjustable Bed Operating and Usage Instructions*



# Thank you

***Thank you for choosing a Comfort Plus Adjustable Bed. Your new Bed has been handmade by craftsman in England, and monitored carefully throughout the numerous stages of manufacturing. We know that when used correctly, it will provide you with many years of excellent and reliable service.***

We are always keen to improve our products, so if you have any comments regarding your purchase, please do not hesitate to contact our Customer Service Department on 01462 678050.

## ***Operating Instructions***

Before using this product, you must thoroughly read the Operating Instructions. A few minutes spent doing this will allow you to fully understand all the functions of the product.

## ***Assembly***

***As part of our dedicated service to our customers, all of our beds are assembled on site, by our professionally trained technicians.***

***In the event of needing to relocate the bed, please call us on 01462 678050. Dis-assembling the product yourself may invalidate your lifetime guarantee.***

# Operation of the Bed

## Handset

The diagram of the handset describes the function of each button. Please take a few moments to acquaint yourself with its features.

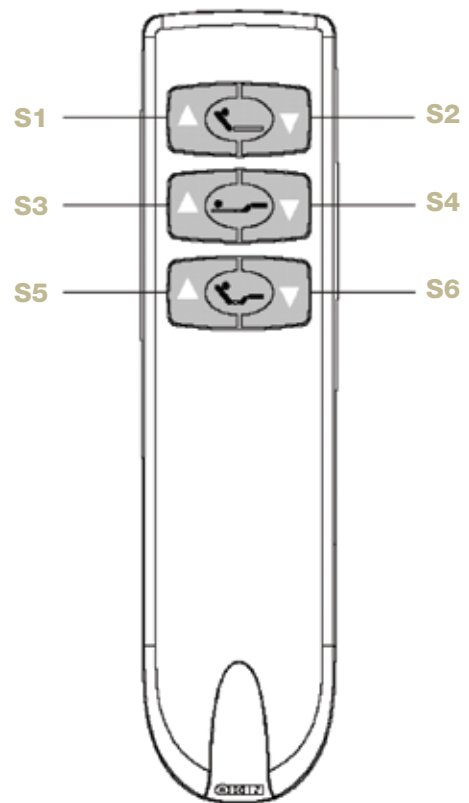
## Trouble shooting

Should you experience any operating problems with your bed, please check the following:

- 1 Check that the plug is in the wall socket and it is switched on.
- 2 Check that the wall socket works by plugging in another working appliance, ie table lamp.
- 3 Check that the batteries in the handset are working.

If your bed is still not working, please contact our customer service department on 01462 678050.

## OPERATING INSTRUCTIONS FOR ADJUSTABLE BED HANDSET



- S1** - Raises back section
- S2** - Lowers back section
- S3** - Raises foot section
- S4** - Lowers foot section
- S5** - Raises back and foot section together
- S6** - Lowers back and foot section together

# Your massage system explained

The picture below shows the 5 massage zones that are contained within your mattress (if fitted). The diagram of the massage handset, is explained below:

## 1 Power **PWR**

Switches the massage system on/off. It is programmed to allow 15 minutes continuous use and will then automatically switch off.

## 2 Zones **1 2 3 4 5**

The numbered zones relate to the zones pictured on the mattress below.

## 3 Intensity **+ -**

Increases or decreases the intensity from a relaxing to a more vigorous massage.

## 4 Speed **+ -**

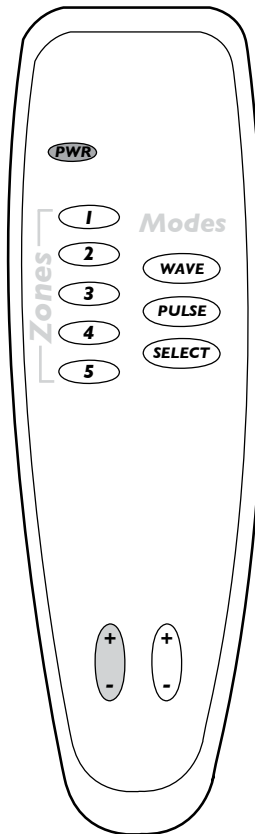
Increases or decreases speed of the cycle when in "wave" mode.

## 5 Modes **WAVE PULSE SELECT**

**Wave:** Operates each zone in turn in a waving motion, from the top to the bottom of the mattress.

**Pulse:** Offers short bursts of power to the selected Zones.

**Select:** Offers continuous massage of the selected Zones.



### Important information

If you suffer from a diagnosed medical condition and you are not sure if you should use the Relaxor Massage System, please consult a medical practitioner before use. This would include any fitted medical devices such as pacemakers.

We recommend that the massage unit be used only for a few minutes initially to allow your body to get used to the massage sensation. Gradually increase the length of time over the first few periods of use. Should you experience any adverse reaction, please consult your medical practitioner straight away.



# Getting maximum benefit from your adjustable bed



**1** Lift the head end of the bed up to the position that you feel comfortable in. Do this with only 1 pillow on the bed. An adjustable bed should do the work that previously many pillows may have done.

**2** Lift the leg end of the bed up to a point where it is comfortable for you.

At this point many people experience an easing of pressure in their back, so aiding a good nights sleep.

**3** Always re-adjust the bed each night, to suit your needs at that particular time. Do not just leave the bed in a set position night after night.

**4** Many clients recommend a strong massage for 5 – 10 minutes first thing in the morning to aid mobility when first getting out of bed.

# Care and Safety

## Care of your Bed and Mattress

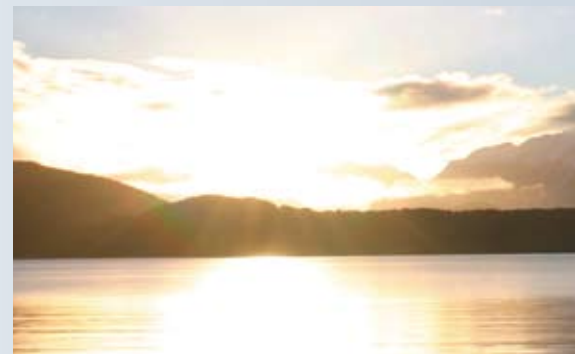
- 1** Please ensure the bed handset is placed in a safe position, as careless use can result in damage.
- 2** Ensure there is nothing that can restrict the movement of the bed frame. Always return the bed to its flat position after use, to prevent anything becoming trapped.
- 3** If required, always protect the mattress from bodily fluids, using appropriate protective coverings.
- 4** The quilting which runs across the mattress, may appear to have excess when the bed is in a raised position. This is to aid the profiling of the bed and will return to its original state when the bed is in its flat position.
- 5** The mattress is constructed with Memory Foam and therefore does not need turning.
- 6** The handset has two back up batteries built-in. In the event of a powercut, these batteries will allow the bed to return to the flat position.  
  
(The batteries should be changed every 12 months).

## Guaranteed Piece of Mind

Every bed is made to exacting quality standards, and we are sure your purchase will provide you with many years of comfort. To back up our commitment to quality and service, we

offer a lifetime guarantee on our adjustable beds.

Unlike most companies we really do guarantee your peace of mind for the rest of your life.



# *A one stop shop for all your mobility needs*



***Comfort PLUS Products***

[www.comfortplusproducts.co.uk](http://www.comfortplusproducts.co.uk)

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